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SOS

610 N. Silver St

Silver City, NM 88061

575-956-6131

575-956-6947

Taliferro, Miya

ID: 1000010739075 DOB: 7/10/1992

Use Note Creation Time

Clear Time

Set Date/Time

6/27/2023

2:10 PM

Group Therapy Note (SOS)

Time spent face to face with patient and/or family and coordination of care: 240 min

Session start: 10:00 AM

Session end: 2:00 PM

Session Remarks:

Therapy Type:

Recreational Therapy

Group was facilitated by Jeffrey Finer, CPSW, Lawren Davenport, CPSW, and Christina Wolford, LCSW

Group Type:

Activity Therapy: Activity Therapy includes a variety of activities designed to help the group members learn more about themselves, problem solve, express feelings in appropriate ways, reduce stress and improve relationships with others. Today's activity involved nature. Participants engaged in a scavenger hunt while on an outing in the forest. The group engaged in soaking at the hot springs and discussing the experience of camping as related to improving function in socialization and recreation as a way to reduce anxiety and depressive symptoms. Peers coached participants through learning rules, safety, group meal prep and eating, and planning.

Present Today:

Present at today's session were the following:

Ten members of the group were present today.

Group Leader Interventions:

Group Leader facilitated discussion about building self esteem.

Involved all Group

Extrapolated to Life

Plan:

Continue group in order to develop coping skills needed for life.

Individual Remarks:

Participation:

Miya was active today and participated fully in discussions today. She participated in the activities with her eldest son. Miya was able to practice socialization and recreation. She has never been camping before and was able to teach her son valuable social skills.

Behavior:

She presented as perceptive and insightful. Miya readily shared her experiences and feelings in group today.

Stage of Change:

Service Location

Turn

Audit Log

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